

(i) a fastener portion formed by cutting a central section lengthwise along said strap, said central section being substantially separable from said strap except at one end to leave a channel, and said strap having a plurality of serrations formed lengthwise therealong;

(ii) a pair of support members having said channel formed there between;

(iii) a first end having means for attaching said strap to an existing structure; and

(iv) a second end having means for receiving and lockingly engaging said serrations of said fastener portion;

whereby when said fastener portion is inserted through said receiving means of said second end of said strap, a support loop of variable dimension is formed by locking engagement between one of said plurality of serrations and said second end of said strap.

7. An adjustable flexible strap for supporting and securing ducts, comprising a strap member having:

(i) a fastener portion formed by cutting a central section lengthwise along said strap, said central section being substantially separable from said strap except at one end to leave a channel, and said strap having a plurality of serrations formed lengthwise therealong;

(ii) a support portion including a pair of support members having said channel formed there between;

(iii) a first end for attaching said strap member to an existing structure; and

(iv) a second end having an aperture for receiving and engaging said fastener portion;